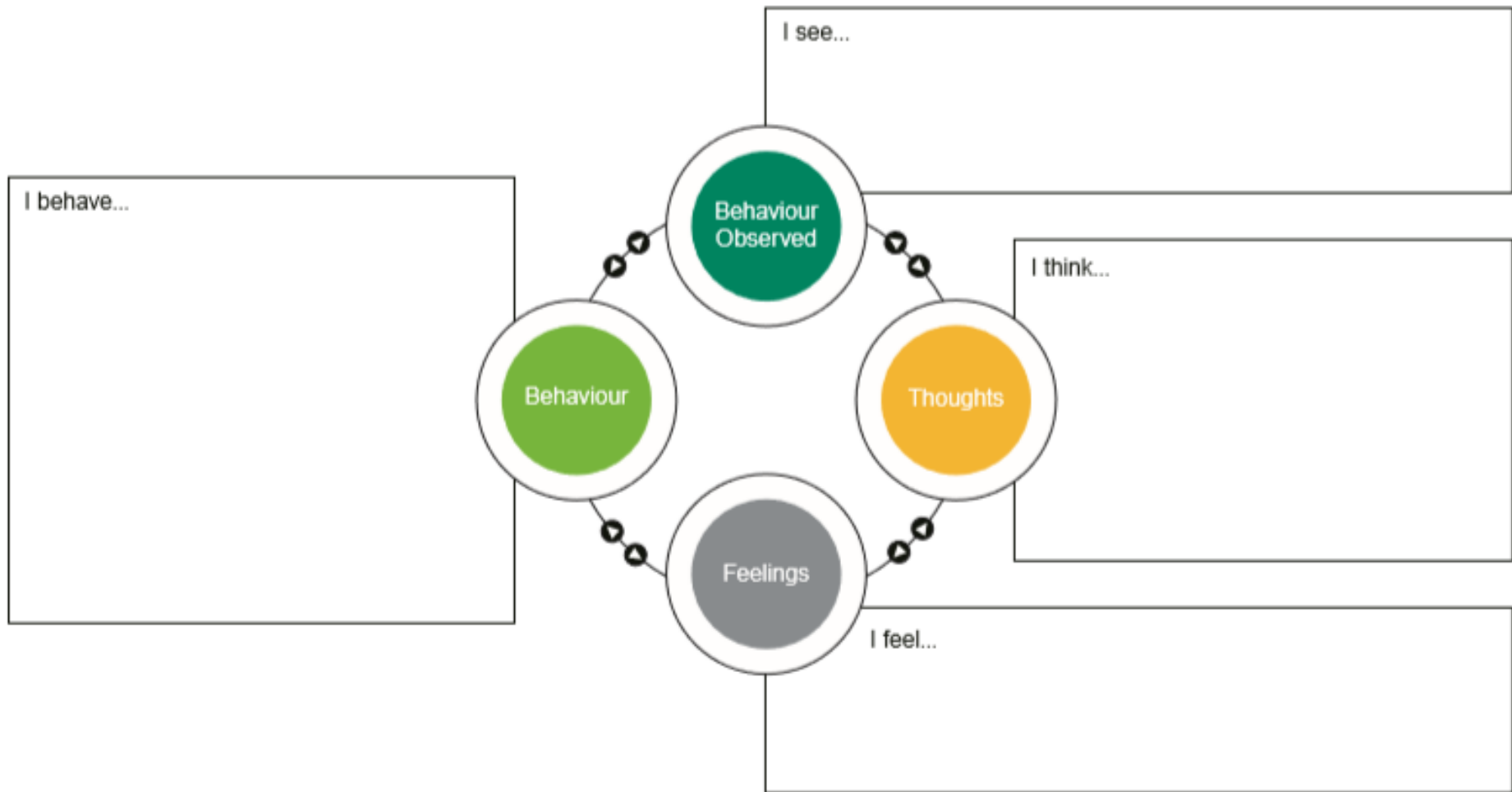


Thoughts, Feelings, Behaviour



For Example: **When you ignore me when the football is on, I think this means you don't want to be around me**, this makes me feel unloved, **I slam doors in the kitchen to let you know I am not happy.**