

Look at the cards again and where would you put the statements.

In our relationship we Always, Sometimes, Never?

How could you change a destructive behaviour and increase positive behaviour?

In our relationship we...

The form consists of three vertical rectangular boxes arranged horizontally. Each box is designed for sorting statements based on their frequency in a relationship. The boxes are labeled as follows:

- Always:** The first box on the left has a teal circular label at the top center containing the word "Always".
- Sometimes:** The middle box has an orange circular label at the top center containing the word "Sometimes".
- Never:** The third box on the right has a dark red circular label at the top center containing the word "Never".

The interior of each box is empty, providing space for users to place or write statements.